



Asperger Syndrome – A Better Future

Delivering the best care and support from diagnosis onwards

Tuesday 24 November 2009
Central London

DEVELOP
YOUR
PRTL / CPD
PORTFOLIO

Keynote address:

ELAINE HILL

Autism Lead, Department of Health
(has been invited, awaiting confirmation)

Conference chair:

ELIZABETH ATTFIELD

Learning and Professional Development,
Autism West Midlands

Speakers:

ANJA RUTTEN

Senior Lecturer in Psychology and
Counselling, Staffordshire University

THOMAS MADAR

Software Developer and person
with Asperger syndrome

CHRISTINE AUSTIN

Team Manager, Liverpool Asperger Team,
Mersey NHS Trust

ADAM LARKIN

a person with Asperger syndrome and current
resident of Brookdale supported living

LINDSAY TOWNS

Chartered Psychologist, Peak Experience

Birmingham City Council Youth
Offending Service / Sexually Harmful
Behaviour Team

NITA JACKSON

a young person with Asperger syndrome

LESA WALTON

Care and Development Director,
Brookdale Care

BENEFITS OF ATTENDING:

- Identify ways to support young people with Asperger syndrome to overcome difficulties caused by the “triad of impairments”
- Explore solutions for tackling the challenge of change and transition for young people with Asperger syndrome
- Gain insights into Asperger syndrome and the criminal justice system
- Identifying appropriate packages of care
- Hear personal experiences of living with Asperger syndrome

EXPERT INSIGHT ON:

- Understanding the difficulties faced by people with Asperger syndrome
- Providing multi-disciplinary support for people with Asperger syndrome
- Delivering appropriate Asperger syndrome specific care in hospital, residential care, supported and independent living settings
- Personalised/individual budgets and creative commissioning
- The Autism Bill and new national strategy

About last year's Brookdale Care conference:

“The huge take up for places at this conference from a very wide ranging group of professionals underlines the serious need for better understanding of and provision of needs for those with Aspergers and their families”

Mrs Gill Bierschenk, Tree House

BOOK TODAY tel +44 (0)20 7347 3574 fax +44 (0)20 7347 3576

email registrations@lexisnexus.co.uk

www.conferencesandtraining.com/aspergers

Organised by:

COMMUNITYcare
CONFERENCES

Why attend this conference?

The Autism Bill is likely to become law early next year; the national adult autism strategy will hold local authorities and NHS services legally responsible for providing support for adults with Autism and Asperger syndrome and make sure that adults have clear routes to diagnosis, assessment and support.

All organisations – Local Authorities, PCTs, voluntary organisations, central government, independent sector care providers and GPs – need to work collaboratively and share expertise in order to provide the right support at the right time to ensure a better life for children, young people and adults with Asperger syndrome.

This *Brookdale Care* conference will help you find solutions to the professional challenges of supporting people with Asperger syndrome to live life to their full potential. Gain expert guidance on early intervention and support at key stages in the lives of people on the autism spectrum. Learn how to implement best practice and hear directly the views of people with Asperger syndrome.

Book your place today to understand what you need to do to make a difference to the lives of people living with Asperger syndrome.

People with Asperger syndrome struggle to make sense of, and communicate with, the world around them. In order to cope they rely on structure, routine and rules. Disruption to this structure can lead to high levels of anxiety and distress. Throughout people's lives, effective preparation and planning is essential.

Brookdale Care is the leading independent provider of residential care for adults with Autistic Spectrum Disorders. We believe that every person with Asperger syndrome should be supported and receive appropriate therapeutic intervention to ensure that they do not experience episodes of mental illness and crisis.

A better future is only possible when organisations work together and share best practice. We are delighted to sponsor this conference to raise understanding of the need for specialised support for people with Asperger syndrome throughout their lives.

The day will include lots of practical strategies to ensure you are better equipped to help people with Asperger syndrome to achieve their ambitions and fulfil their potential.

Special Requirements

Community Care Conferences would like to ensure that all delegates are able to participate fully at our events. If you have any additional requirements, such as wheelchair access, large print documentation, a prayer room or an induction loop, or if you have any particular dietary requirements, please give us advance notice of at least 2 days to accommodate your needs.*

*We may not be able to meet your needs with less than 2 full days notice

Who should attend?

- Social Workers and Social Work Team Managers
- Mental health professionals in social services and the NHS
- Commissioning Managers from Health and Social Care
- CAMHS Workers
- Professionals and practitioners working with people with Autistic Spectrum Disorders in social work, health and education

Post-registration training and learning (PRTL / CPD)

Attending this conference is an excellent opportunity to collect PRTL / CPD hours as required by the GSCC. Simply attend the conference, record your learning on the Record of Achievement form provided and keep it with your GSCC form for reference when you re-register.

Past Delegate Comments

"I found the conference to be very informative and I am now more aware of the needs of individuals with Aspergers."

Lee Gammon, Springfield Mind

"Great mix of both personal and professional accounts for AS."

Clare Walker, Autism Anglia

"Quite a spectrum of subjects some of which were new to me e.g. employment. The conference has been informative and given me ideas to follow up on."

Clare Hughes, Weymouth College

"The conference provided varied and in-depth information on challenges facing people with Aspergers. There was also lots of chance to talk to the speakers."

Katy Boyd-Wallis, Hull Transition Team

PROGRAMME – Tuesday 24 November 2009

08:45 Delegate Registration

09:15 Chair's Welcome

ELIZABETH ATTFIELD, *Learning and Professional Development, Autism West Midlands*

KEYNOTE ADDRESSES

09:30 An Overview of the Current Situation

PROFESSOR DIGBY TANTAM, *University of Sheffield (has been invited)*

- Current prevalence of Asperger syndrome
- Offering a view on why the prevalence rate is increasing
- Understanding the full range of needs present in individuals with Asperger syndrome
- Developing a landscape where effective specialist support is available

10:00 The National Strategy for Autism

ELAINE HILL, *Autism Lead, Department of Health (has been invited, awaiting confirmation)*

- Autism consultation results
- Overview of England's first autism strategy
- National Autism Strategy – early summary

GROWING UP WITH ASPERGER SYNDROME

10:30 A Personal Perspective

NITA JACKSON, *a young person with Asperger syndrome*

- Getting a diagnosis
- Sharing personal experiences of going through the education system
- Forming friendships and occurrence of bullying
- The type of intervention that worked for me

11:00 Tea / Coffee Break

11:20 Effective Intervention for People with Asperger Syndrome

LINDSAY TOWNS, *Chartered Psychologist, Peak Experience*

- The importance of early, accurate diagnosis
- Special education statements
- Best practice examples of provision in schools
- Bullying: what can be done strategically and what more needs to be done
- Friendships – best proactive examples of buddying / NAS befriending scheme

TRANSITION TO ADULTHOOD

11:50 Real-Life Experiences of Transition

THOMAS MADAR, *Software Developer and person with Asperger syndrome*

- My journey into independent living
- Positive and negative experiences of higher education
- Positive and negative experiences of employment

12:20 Question and Answer Session

12:35 Lunch

SOCIAL RELATIONSHIPS

13:35 Sharing My Experiences

ADAM LARKIN, *a person with Asperger syndrome and current resident of Brookdale supported living*

- My experience with Asperger syndrome and what I believe has helped me

13:50 Social Integration and Relationships

ANJA RUTTEN, *Senior Lecturer in Psychology and Counselling, Staffordshire University*

- Understanding social norms
- Vulnerability in social relationships
- The role of counselling and psychotherapy

HOW DID I GET HERE? – THE CRIMINAL JUSTICE SYSTEM

14:20 Why People with ASD can Become Involved with the Criminal Justice System

GARETH HANCOCK, *Nurse Consultant, Brookdale Care*

- Examples of how/why people get involved in the criminal justice system
- Statistics on people with ASD involved in the criminal justice system

14:40 Strategies for Improving Involvement with the Criminal Justice System

Birmingham City Council Youth Offending Service / Sexually Harmful Behaviour Team

- How the criminal justice system works – from arrest to court
- Identification of Asperger syndrome, mental health or learning disabilities – what happens
- Summary of issues and work done in one area to improve the situation

15:10 Tea / Coffee Break

THE BENEFITS OF AUTISM SPECIALIST CARE

15:30 The Benefits of Treatment in ASD Specific Settings

LESA WALTON, *Care and Development Director, Brookdale Care*

- The need for specialist ASD Settings
- ASD and the Mental Health Act
- Therapeutic interventions and risk assessments
- Transition to the community – what needs to change?

MOVING ON FROM HOSPITAL CARE – WHAT HAPPENS NEXT?

16:10 Best Practice Guidance

CHRISTINE AUSTIN, *Team Manager, Liverpool Asperger Team, Mersey NHS Trust*

- Residential care or supported living?
- Personalised or individual budgets
- Supported employment
- Self-directed support and the ASD community

16:40 Question and Answer Session

17:00 Close of Conference

Registration

Your priority booking code is:

Asperger Syndrome – A Better Future

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Payment details

Public and Private Sector

£189 + VAT (£28.35) = £217.35 per delegate

Voluntary Sector, Charities, Not-For-Profit Sector and Parents

£99 +VAT (£14.85) = 113.85 per delegate

Documentation only £99 (zero VAT) per pack – paper format

Payment by cheque made payable to LexisNexis®

Payment by credit card Maestro Mastercard Visa Amex

Card No.

Expiry date Security code (CV2)

1st delegate details

Name

Job title

Email

(Please note we may need to send you information on venue changes by email)

Tel

2nd delegate details

Name

Job title

Email

(Please note we may need to send you information on venue changes by email)

Tel

Address details

Company

Address

City Postcode

Booking contact / invoice address

Name

Tel Email

Address (if different from above)


I understand that this booking is subject to the cancellation terms set out on this registration form.

Authorised Signature

(all bookings must be signed)


How to book

 **BOOKINGS AND ENQUIRIES:** 020 7347 3574
Lines open from 8.30am to 5pm, Monday to Friday

 **FAX:** 020 7347 3576

 **POST:** Community Care Conferences c/o LexisNexis®,
Halsbury House, 35 Chancery Lane, London WC2A 1EL

 **EMAIL:** registrations@lexisnexis.co.uk

 **ONLINE:** www.conferencesandtraining.com/aspergers

Referrals to Brookdale Care

Brookdale Care - care, treatment & management of adults with Autism and Asperger syndrome; Hospital & Residential Care services covering North London, Hertfordshire, Bedfordshire and Cambridgeshire.

For information on how to make a referral call 0845 550 1355 or email referrals@brookdalecare.co.uk

Forthcoming events

Should you require any further information on any of the events below, please tick the appropriate box and return to Community Care Conferences c/o LexisNexis®

- Social Work Taskforce** 3 December 2009
- Working with Adults who Misuse Substances**
14 October 2009
- Adult Green Paper** 27 October 2009

You can still benefit from the day – even if you can't make it!

Naturally, nothing matches the experience of coming to the conference, but if you really can't make it, you can still benefit by ordering a set of course papers. Available for £99, this will give you a permanent record of the subjects covered, which you can share with your colleagues.

To order call on 020 7347 3574 or return the booking form.

Administration

VENUE
Central London. The venue will be confirmed in the joining instructions letter.

FEE
Your one-day fee includes attendance, refreshments, lunch and course documentation. Full payment, including VAT must be received prior to the conference. Please post a cheque for the full amount with your completed registration form or complete the credit card payment details. Once payment has been received a VAT invoice/receipt will be issued.

OUR CONFIRMATION OF YOUR BOOKING
All bookings will be acknowledged in writing within five working days of receipt and joining instructions (final conference details and a venue location map) will be emailed to delegates approximately two weeks before the event. Please telephone the Bookings Enquiries line immediately:

- if you have not received written acknowledgement of your booking within 7 days of sending it by fax, post or email or
- if you have not received your joining instructions five days before the event

HOTEL ACCOMMODATION
Venuehunt Ltd
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Quote the code VHLEX at the time of booking.

ADDITIONAL REQUIREMENTS
Community Care Conferences would like to ensure that all delegates can participate fully at our events. If you have any additional requirements, eg, wheelchair access, large print documentation or an induction loop, or if you have any particular dietary requirements please let us know on the adjacent form.

- Please call me to discuss my requirements in more detail.

CERTIFICATE OF ATTENDANCE
A certificate of attendance is available on request, following your attendance at this conference, as a record of your training and development.

DOCUMENTATION SALE
Your notes will be dispatched within five working days after the event. Please call us if you do not receive your notes by two weeks after the event.

CANCELLATIONS
A refund of fees will be made only for cancellations received in writing at least 14 days before the event (less a 25% cancellation fee to cover administration costs). No refunds will be made for cancellations received within 14 days of the event and failure to attend after confirming a booking will be subject to the same terms. We regret that the transfer of a booking to another event cannot be made but a substitute delegate will be accepted at any time before the event.

This programme is correct at the time of going to press. However, we reserve the right to alter or cancel the programme due to circumstances beyond our control.

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