

Sex and Relationships: Learning Disability and Autistic Spectrum Condition

Course Description:

Autism is a complex developmental disorder that affects an individual's ability to understand and use social communication as a means of relating to others effectively. It may be accompanied by a learning disability. Those with ASC may experience significant difficulty developing social understanding of themselves and others. This has a profound effect on all areas of an individual's life i.e. making sense of the world, learning, maintaining social relationships effectively.

This course is designed for all health and social care staff working alongside clients who have an autistic spectrum condition and/or a learning disability. This course will enable staff to support clients effectively and appropriately when dealing with issues of sex and relationships by increasing awareness of the issues involved and also their skills and knowledge. Training packages can be tailored to meet the specific needs and concerns of your service.

Duration:

The session is delivered over one day. Training times are normally 9.30-16.30.

Course content:

History of sexuality and individuals with disabilities; Common perceptions; Definitions of sex and sexuality; Sexual Development; Legislation; Philosophies of Care; Sex Education; Triad of Impairments and effects on sex and relationships; masturbation; gender; social norms: Supporting individuals on the autistic spectrum

Certification:

Delegates will receive a certificate of attendance on completing the course.

Numbers:

A maximum of 16 delegates can be accommodated on this course.

Location:

We are able to deliver this course at your own site which will assist in reducing costs. Alternatively we can deliver at our own Training Academy. It is also possible for individuals to join our own staff training sessions. Please contact sdunn@brookdalecare.co.uk to discuss your requirements