

Course Description:

'Reflection is an important human activity in which people recapture their experience, think about it, mull over and evaluate it. It is this working with experience that is important in learning' (Dewey, 1933).

It is essential that staff understand the importance of reflective practice in order to continuously improve the quality of the service they provide. This training meets Common Induction Standard 2 (2.1, 2.2, 3.1, 5.1, 5.2) and is invaluable to all health and social care staff.

Duration:

This is a half day course. Times are normally 9.30-13.30 or 13.30-16.30

Course content:

Standards; What is reflection?; What is learning?; Benefits of Reflection; Barriers to Reflection; Bridges to Reflection; Models of Reflection; How to Reflect; Changing Practice

Certification:

Delegates will receive a certificate of attendance

Numbers:

A maximum of 16 delegates can be accommodated on this course.

Location:

We are able to deliver this course at your own site which will assist in reducing costs. Alternatively we can deliver at our own Training Academy. It is also possible for individuals to join our own staff training sessions. Please contact training@brookdalecare.co.uk to discuss your requirements