

One – Day Emergency First Aid at Work Course

COURSE DESCRIPTION

This new HSE approved qualification came into effect on 1st October 2009, along with new guidance on assessing the needs of First Aid in your workplace.

Your risk assessment of First Aid needs may well identify the need for Emergency First Aiders either as an addition to your First Aiders, or where the risk of your business is low, it may well identify them as being sufficient without the need of additional First Aiders.

It is critical that you familiarise yourself with the new assessment table of First Aid needs before making your decision. You can obtain a copy of this table from your training provider.

DURATION

A minimum of six hours consisting of theoretical and practical activities.

SYLLABUS

A range of subjects is covered including:-

- Responsibilities and reporting
- Resuscitation
- Angina
- Fainting
- Assessment of the situation
- Heart attack
- Choking
- Anaphalaxis
- Hygiene
- Bleeding control
- Shock
- Minor burns and scalds
- Recovery Position
- Foreign Objects
- Seizures
- Legalities

CERTIFICATION

Assessment is ongoing by the instructor, and a three-year qualification will be issued to those who meet the criteria. In addition, the HSE strongly recommend that all students undergo an annual refresher programme of about three hours, although it is not mandatory.

NUMBERS

A maximum of 12 students can be accommodated on this course. Bigger groups can be catered for, but the ratio must not exceed 12 students per instructor.

LOCATION

We are able to deliver this course on your site, reducing your costs in respect of additional time out and travelling.

If you only have a small number that need training then you can join our staff training sessions, contact us for dates and availability.